

Available CASA In-Service Training Modules

Skills of Advocacy (*Recommended*)

1. Investigating and Gathering Information: Understanding the CASA Role
2. Report Writing: The Essential Toolkit
3. Monitoring a Case
4. Trauma Informed Advocacy to Build Resiliency
5. General Educational Advocacy Toolkit

Diversity, Equity, and Inclusion (*One Required Annually: National CASA Standard*):

1. 13th Documentary (*Independent Study*)
2. 1619 New York Times Podcast Series (*Independent Study*)
3. Addressing Disproportionality and Disparity: Better Outcomes for Children: (*National CASA training*)
4. Bridging the Gap (*Independent Study*)
5. Celebrating Differences (*Independent Study*)
6. Culture of Foster Care
7. Cultural Awareness Part 1: What is Cultural Awareness? (*NCASA Webinar*) (*Independent Study*)
8. Cultural Awareness Part 2: Why is it Important to be Culturally Aware in Our Work (*NCASA Webinar*) (*Independent Study*)
9. Culturally Responsive Child Advocacy Part 1: History of Child Welfare (*NCASA Webinar*) (*Independent Study*)
10. Culturally Responsive Child Advocacy Part 2: The Current State and Climate of Foster Care System (*NCASA Webinar*) (*Independent Study*)
11. Culturally Responsive Child Advocacy Part 3; Understanding Racial Bias and the Impact on Families of Color (*NCASA Webinar*) (*Independent Study*)
12. Culturally Responsive Child Advocacy Part 4-Tips for Closing the Gap (*NCASA Webinar*) (*Independent Study*)
13. Disproportionality: 13th Documentary (*Independent Study*)
14. Equity Conversations: Financial Stability- Creating a Community of Belonging (*Independent Study*)
15. Equity Conversations: Health Equity- Creating a Community of Belonging (*Independent Study*)
16. Ethnic Identity: Advocating through the lens of cultural awareness
17. Inclusion Through a Different Lens (*Independent Study*)
18. Introduction to the Messaging Book- Speaking in One Voice (*Independent Study*)
19. Let's Talk Race
20. National CASA Book Club- Call your Local Coordinator for more information on current selection. (*Independent Study*)
21. Poverty- The Basics (*Independent Study*)
22. Poverty- The Impact on Children (*Independent Study*)

23. Race Affects My Role
24. Race: Power of Illusion Episode One: The Difference Between Us
25. Race: Power of Illusion Episode Two: The Story We Tell
26. Race: Power of illusion Episode Three: The House We Live In
27. The Relationship Between Poverty and Child Welfare and the Role of Intervention Strategies (*National CASA Webinar*) (*Independent Study*)
28. Strengthening Families Using a Racial Equity Lens (*National CASA Webinar*) (*Independent Study*)
29. Understanding Racial Inequality (*National CASA Webinar*) (*Independent Study*)

Indian Child Welfare Act (ICWA) Related (DEI Titles):

30. Advocating for Indian Children: ICWA and the Role of CASA (*National CASA Webinar*) (*Independent Study*)
31. Children and Families of Tribal Nations: Effective Engagement with Tribes to Secure Best Outcomes- (Part 3 *NCASA Webinar*) (*Independent Study*)
32. Culture, Identity and Connection for Indigenous Families in non-Indigenous System- (*Part 1 NCASA Webinar*) (*Independent Study*)
33. ICWA Overview for CASAs
34. Understanding the Indian Child Welfare Act: Family, Community and Culture (*Part 2 NCASA Webinar*) (*Independent Study*)

LGBTQ Related (DEI Titles):

35. Advocating for LGBTQ Youth Inclusion -Part 1 (*National CASA Webinar*) (*Independent Study*)
36. Advocating for LGBTQ Youth -Part 2 (*National CASA Webinar*) (*Independent Study*)
37. Advocating for LGBTQ Youth in Education-Part 3 (*National CASA Webinar*) (*Independent Study*)
38. Best Practice for Serving LGBTQ Youth in Out of Home Care (*Independent Study*)
39. Introduction to LGBTQ Cultural Competency (*Independent Study*)
40. LGBTQ Advocacy

Security Awareness (*ICAB Annual Requirement*)

Case Specific Topics

1. Adoption 101: Understanding the adoption process
2. Adoption in CINA Cases (*Independent Study*)
3. Blurry Lines: Boundaries and Confidentiality
4. CAMS Child Assessment Toolkit Review
5. Crossover Youth (*National CASA Training-Independent Study and In Person session*)
6. Dyslexia
7. Kinship Navigator Program (*Independent Study*)
8. Keeping Siblings Together

9. Parent Partners
10. Understanding the Parent Partner Program (*Independent Study*)
11. Poverty the Basics (*Independent Study*)
12. Poverty-Impact of Poverty on Children (*Independent Study*)
13. Recognizing and Responding to the Mental Health and Caregiver-Child Relationship Needs of Medically-Complex Foster Children (*National CASA Webinar*) (*Independent Study*)
14. Seven Habits of Highly Effective CASAs
15. Strength Based Advocacy (*Independent Study*)
16. Working with Incarcerated Parents (*Independent Study*)

Laws and the Courts

1. A Judge's Perspective
2. Advocating for Indian Children: ICWA and the Role of CASA (National CASA Webinar) (*Independent Study*)
3. Comfort in Court: (For New Advocates)
4. Family First Prevention Services Act: Introduction (*Independent Study*)
5. Family First and Congregate Care (*National CASA Training-Independent Study and In Person session*)
6. GAL Duties and Reporting: A Judicial Overview of 2022 Ia Code 232 changes (*Independent Study*)
7. Juvenile Court Hearings
8. Preventing Sex Trafficking and Strengthening Families Act (Public Law 113-183)
 - o APPLA and Transitioning Youth Public Law 113-183
 - o Human Trafficking Public Law 113-183
 - o Reasonable and Prudent Parenting Standard Public Law 113-183
9. Question of Balance
10. Subsidized Guardianship Program (*Independent Study*)
11. Understanding ASFA (Adoption and Safe Families Act) for CASAs
12. Understanding the Mindset of Family First: Alia Seminar (*Independent Study*)
13. Working with Incarcerated Parents and the Correctional System (*Independent Study*)

Child Development

1. Attachment Vitamins: Child Development, Attachment, Stress and Trauma (*Independent Study*)
2. Child Neglect: What is the science of it and its Impact
3. How Your Interactions with Children Can Build Brains (*Independent Study*)
4. Infant Communication "Talk with Me Baby" (*Independent Study*)
5. Reasonable and Prudent Parenting Standard Public Law 113-183
6. Understanding Relationships and their Importance to Early Childhood Development (National CASA Webinar) (*Independent Study*)

Transitional Age Youth

1. Adolescent Trauma and Substance Abuse (*Independent Study*)
2. Aftercare Services Changes 2020 (*Independent Study*)
3. AMP: Achieving Maximum Potential (*Independent Study*)
4. APPLA and Transitioning Youth Public Law 113-183
5. Bullying and Cyberbullying (National CASA Webinar) (*Independent Study*)
6. Casey Life Skill Assessment
7. Collaborative Strategies to Improve Outcomes for Adolescents Affected by Substance Use Disorders and Child Welfare (National CASA Webinar) (*Independent Study*)
8. “Congratulations. You are Aging Out of Foster Care” Documentary (*Independent Study*)
9. Fostering Futures: Advocating for Youth Transitioning to Adulthood
10. Homeless Youth and Trauma (*Independent Study*)
11. Reasonable and Prudent Parenting Standard Public Law 113-183
12. Transition Planning Specialist and Planning Overview
13. Youth Transition Decision Making Meetings YTDM

Human Trafficking

1. Child Trafficking Part 1: Risks and Signs (*National CASA Training-Independent Study and In Person session*)
2. Child Trafficking Part 2: Working with Survivors (*National CASA Training-Independent Study and In Person session*)
3. Human Trafficking and High-Risk Child and Youth Victims (*National CASA Webinar (Independent Study)*)
4. Human Trafficking Public Law 113-183
5. Human Trafficking: What You Need to Know to Keep Youth Safe Online (*National CASA Webinar (Independent Study)*)

Behavioral Health Issues

1. ADD: Understanding the basics
2. ADD among children
3. Autism
4. Autism Spectrum Disorder
5. Behavioral Health: Key Issues in Child Welfare (*Independent Study*)
6. Bipolar Disorder among children
7. Depression 101
8. Impact of Parental Mental Illness (*Independent Study*)
9. ODD in children

Intimate Partner Violence

1. Domestic Violence: The Basics (*Independent Study*)
2. Intersection of Substance Abuse and Domestic Violence (*National CASA Webinar*)

(Independent Study)

3. Intimate Partner Violence: Key Issues in Child Welfare *(Independent Study)*
4. Traumatic Brain Injury, Intimate Partner Violence and SUD *(Independent Study)*
5. What about Me? The Impact of Domestic Abuse on Parents and Children *(Independent Study)*

Substance Use

1. Addiction- PBS NOVA film *(Independent Study)*
2. Adolescent Trauma and Substance Abuse *(Independent Study)*
3. At Greater Risk- The Intersection of ACEs and Addiction *(Independent Study)*
4. Attachment, Trauma and Neurobiology of Opioid Use *(Independent Study)*
5. Collaborative Strategies to Improve Outcomes for Adolescents Affected by Substance Use Disorders and Child Welfare (National CASA Webinar) *(Independent Study)*
6. Core Drug Endangered Children (DEC) Awareness (National CASA Webinar) *(Independent Study)*
7. Differing Shades of Shame in Substance Use Disorders *(Independent Study)*
8. Drug Identification and Trends (NCASA Webinar *Independent Study)*
9. Session 1 Embracing Pregnant and Parenting Families Challenged with SUD: The Brain, Substance Use Disorders & Parenting: A Health Care Professional's Guide to Universal Screening Practices *(Independent Study)*
10. Session 2 Embracing Pregnant and Parenting Families Challenged with SUD: Evidence-Based Treatment, Neonatal Opioid Withdrawal & Supporting the Infant-Parent Relationship *(Independent Study)*
11. Session 3 Embracing Pregnant and Parenting Families Challenged with SUD: Stigma, Language & Implicit Bias: Moving Toward Becoming a Stigma Free Provider *(Independent Study)*
12. Intersection of Substance Abuse and Domestic Violence (NCASA Webinar) *(Independent Study)*
13. Pregnancy and Substance Use Disorder *(Independent Study)*
14. Substance Abuse: An Introduction as a Disorder Part 1 (NCASA Webinar) *(Independent Study)*
15. Substance Abuse: A Family Centered Approach Part 2 (NCASA Webinar) *(Independent Study)*
16. Substance Abuse and Child Welfare Part 3 (NCASA Webinar) *(Independent Study)*
17. Substance Use Disorders-Key Issues in Child Welfare *(Independent Study)*
18. Traumatic Brain Injury, Intimate Partner Violence and SUD *(Independent Study)*
19. Traumatic Brain Injury & SUD: Overview of Brain Injury and the Intersection with Addictions *(Independent Study)*
20. Traumatic Brain Injury & SUD: Implications of Brain Injury & Addiction *(Independent Study)*
21. Understanding Substance Use Disorders *(Independent Study)*

22. Why is Meth So Addictive (*Independent Study*)
23. Working with Families Facing Addiction (*Independent Study*)

Recognizing Abuse and Neglect

1. Child Neglect: What is the science of it and its Impact
2. Child Trafficking Part 1: Risks and Signs (*National CASA Training-Independent Study and In Person session*)
3. Child Trafficking Part 2: Working with Survivors (*National CASA Training-Independent Study and In Person session*)
4. Defining Abuse and Neglect: Indicators and Risk Factors
5. Human Trafficking: Public Law 113-183
6. Human Trafficking and High-Risk Child and Youth Victims (*National CASA Training-Independent Study and In Person session*)
7. Human Trafficking: What You Need to Know to Keep Youth Safe Online- NCASA Webinar (*Independent Study*)
8. Sexual Abuse
9. What is Abuse and Neglect in Iowa?

Self-Care

1. How to be Resilient in a Pandemic, and Beyond- NCASA Webinar (*Independent Study*)
2. How Do We Manage Our Secondary Trauma, Burnout and Compassion Fatigue During COVID-19 Essential Tools from a Trauma Expert- NCASA Webinar (*Independent Study*)
3. Trauma in Human Service Workers & Self-Care (*Independent Study*)

Trauma Informed Advocacy 2.0

1. Adolescent Trauma and Substance Abuse (*Independent Study*)
2. Attachment Vitamins: Child Development, Attachment, Stress and Trauma (*Independent Study*)
3. Emotional Literacy and Trauma (*Independent Study*)
4. Homeless Youth and Trauma (*Independent Study*)
5. Loss and Grief after Trauma (*Independent Study*)
6. Trauma, the Brain and Relationships (*Independent Study*)
7. Trauma in Human Service Workers & Self-Care (*Independent Study*)
8. Traumatic Separation in Child Welfare and Kincare Systems (*Independent Study*)
9. Understanding the Mindset of Family First: Alia Seminar (*Independent Study*)
10. Working with Parents with Trauma Histories (*Independent Study*)

Please contact your Local Coordinator to participate in one of the available trainings.